5

3

Learn about Community Measures



What we can all do

3-1 The Importance of Self-Aid, Mutual Aid and Public Aid

A good balance between self-aid, mutual aid and public aid is reportedly essential to minimize

damage from disasters. Cooperate with your neighbors on a regular basis so that you can help each other smoothly if a disaster occurs.

Duties of citizens Self-aid, mutual aid

- Prepare for disasters
- Cooperate with each other on a regular basis with a sense of community partnership to ensure autonomous community disaster preparedness

Duties of businesses Self-aid, mutual aid

- Manage facilities in a way that ensures the safety of employees and neighbors
- Cooperate with community developments on disaster preparedness







Duties of the mayor Public aid

- Proactively promote disaster preparedness measures suited to the characteristics of Sumida
- Promote disaster preparedness measures by cooperating with related organizations

Face disasters by cooperating with each other!

Groups leading disaster preparedness

3-2 Volunteer Disaster Preparedness Organizations

Volunteer disaster preparedness organizations are run by residents. They conduct disaster preparations and cooperate with each other on a regular basis based on a sense of community. They can act voluntarily and smoothly when a disaster strikes, and assist with community development for disaster preparedness.

Residents' Disaster Preparedness Organizations

These organizations are responsible for disaster preparedness measures, such as conducting disaster drills and spreading information to increase awareness of disaster preparedness. They are run by town councils and neighborhood associations. As of April 1, 2023, there were 171 such organizations.



Citizens' Firefighting Teams

These organizations are responsible for initial firefighting, ensuring safe evacuations and taking other actions if an earthquake strikes. They are run by town councils and neighborhood associations. As of April 1, 2023, there were fifty-one such organizations.

Support Team for Residents with Special Needs

These support teams prepare individual support plans during normal times and provide evacuation and shelter-life assistance during disasters to ensure the safety of those with special needs. They are run through community-wide cooperation of town councils and neighborhood associations. As of April 1, 2023, there were 148 such teams.





Community Disaster Preparedness Base Councils

These organizations are active in each school district. Made up of schools, PTAs and residents' disaster preparedness organizations run by town councils and neighborhood associations, they gather at the elementary and junior high schools that will become shelters if a disaster occurs to discuss disaster preparedness measures, conduct drills, and the like on a regular basis to prepare for a large-scale disaster. As of April 1, 2023, there were thirty-eight such organizations.



Junior High School Volunteer Organizations

These are educational organizations within select junior high schools that cultivate future community disaster preparedness leaders. The goals are to raise awareness among the youth and improve their ability to take disaster preparedness actions. As of April 1, 2023, there were seven such organizations.

- Bunka JHS Junior Rescue (established 2008)
- Tatekawa JHS Rescue (established 2010)
- Kinshi JHS Volunteer Force (established 2010)
- Sakuratsutsumi JHS Firefighters (established 2013)
- Azumatachibana JHS Rangers (established 2014)
- Azuma Dai-ni JHS Volunteer Disaster Preparedness Club (established 2018)
- Ryogoku JSB (established 2020)









Column 3

Fire Brigade

Sumida City also has the Honjo and Mukojima fire brigades, which serve under the slogan "Protect Sumida City with Our Own Hands!" They conduct various activities throughout the year, including firefighting when fire and disasters occur as well as

disaster drills during normal times. Fire brigade members are people who live or work in the city—including company employees, self-employed workers, students, and the like—and play a key role in community disaster preparedness.



3-3 Measures by Sumida City

Sumida City Disaster Preparedness Day

The first day of every month (the seventeenth in January) is designated as Sumida City Disaster Preparedness Day, and is a time to inspect one's surroundings and raise awareness of disaster preparedness.



Stockpiles

Facilities that will become evacuation shelters stockpile foods (pre-cooked instant rice, rice cookies, etc.) and drinking water, as well as daily necessities and simple-assembly toilets.



Fire extinguishers (see pictures at right) are available in various locations around the city, so please use them when necessary.



Sumida Installation of fire extinguishers

Earthquake Simulation Vehicle

You can experience the tremors of nine types of earthquakes, including those simulating the Great Kanto Earthquake and the Great East Japan Earthquake. This includes the maximum seismic intensity 7. Please go through this earthquake simulation.



Reservations for earthquake simulation vehicle

Disaster Preparedness Presentations, etc.

In addition to dispatching city workers to give disaster preparedness presentations at every opportunity, such as disaster drills and disaster preparedness workshops, the city also raises awareness by posting videos online and using social networking services.

















Sumida Disaster Preparedness Column

Column 4

Disaster Preparedness Videos

The Disaster Prevention Division has created videos that explains how to prepare for earthquakes, windstorms and floods, how to evacuate, and how to use the equipment at evacuation shelters. They are available on the official city website and YouTube page, so please watch them when conducting disaster drills. It will help you in the event of a disaster.





Disaster preparedness presentation video

Equipment usage tutorial video

City Worker Disaster **Response Training**

The city conducts an annual training session for city workers to prepare for a disaster such as earthquakes, floods and the like. If a disaster occurs, many staff members in addition to those of the Disaster Prevention Division will help with disaster response efforts.



Comprehensive Disaster Drill

A comprehensive disaster drill that assumes the occurrence of a large-scale earthquake is held once a year to ensure that the city and related disaster preparedness organizations can work closely with residents during times of disaster.









Column 5

Sumida City Disaster Prevention Specialist Network Council

Sumida City has established the Sumida City Disaster Prevention Specialist Network Council, which consists of residents qualified as disaster prevention specialists, to secure experts who can carry out disaster preparedness measures. During normal times, the council conducts research and training related to disaster preparedness and cooperates with local disaster preparedness activities and the like. During times of disaster, the council strengthens disaster response capabilities by carrying out lifesaving and emergency rescue activities, confirming the safety of residents with special needs, and providing evacuation guidance.



Survey of affected area

3-4 Aid Programs by the City

Wooden House Seismic Retrofitting Subsidy

This subsidy covers a portion of the cost of seismic diagnosis, seismic retrofitting, and the installation of anti-seismic devices for wooden houses built under the old earthquake resistance standards.

Inquiries

Fireproofing and Earthquake Resistance Promotion Division, Tel: 03-5608-6269

Seismic Evaluation Subsidy for Non-Wooden Buildings

This subsidy covers a portion of the cost of seismic diagnosis for non-wooden houses built under the old earthquake resistance standards.

Inquiries

Fireproofing and Earthquake Resistance Promotion Division, Tel: 03-5608-6269

Condominiums (Seismic Retrofitting Subsidy)

This subsidy covers a portion of the cost of seismic diagnosis, retrofitting design and seismic retrofitting for condominiums built under the old earthquake resistance standards.

Inquiries

Fireproofing and Earthquake Resistance Promotion Division, Tel: 03-5608-6269

Fireproofing Subsidy

Subsidies are available for the construction of fireproof buildings.

Fireproofing and Earthquake Resistance Promotion Division, Tel: 03-5608-6268



Sumida Priority Area Fireproofing Promotion Project

Furniture Securement Support

Eligibility

Residents of the city who fall under any of the following categories:

- (1) Single-parent households with preschool children
- (2) Residents sixty-five years old and older
- (3) Residents who have the *Handbook for the Physically Disabled* Level 1 or 2 or *Ai-no-Techo (Handbook for the Intellectually Disabled)* Level 1-3

Details

Installation of furniture securement devices

Subsidy limit: ¥14,500

Installation of shatterproof window film

Subsidy limit: ¥17,500

Inquiries

- (1) Disaster Prevention Section, Disaster Prevention Division Tel: 03-5608-6206
- (2) Support Section, Elderly Welfare Division Tel: 03-5608-6168
- (3) Disabled Citizens Benefit Section, Disabled Citizens Welfare Division

Tel: 03-5608-6163



Sumida Furniture Securement Support Program

4

If an Earthquake Strikes



The "what if?" can become reality at any time

4-1 Life after Evacuation

Life at an Evacuation Shelter

Many evacuees must live together in an evacuation shelter. While this can have advantages—such as making it easier to obtain accurate information and ease worries—you must remember that a shelter is not a hotel, so it is not meant as accommodation. Evacuees are not guests, and are expected to follow the rules and help each other. There may also be evacuees with special needs at the shelter, so all evacuees must be considerate.



At-Home Evacuation

When you hear the word "evacuate," you may imagine leaving your home and going to a nearby evacuation shelter such as a school to stay safe. However, if your home is not damaged and it is safe to continue living there after a disaster strikes, you should stay there. This is called "at-home evacuation."

You can also evacuate to a relative or friend's home that is in a safe location.



4-2 Support after a Disaster

To help you return to normal life

Certificate of Disaster Victim

This is an official document that certifies the damage to your house or other property due to a disaster. A certificate of disaster victim is required if you intend to apply for disaster victim support programs such as the supply of donations and emergency repairs to houses.



Sumida Certificate of Disaster Victim

Sumida Waste disposal during a disaster

Disaster waste

"Disaster waste" refers to all waste generated due to a disaster, such as debris from collapsed houses, garbage from evacuation centers, human excrement, and waste from cleanup operations. If a disaster occurs, Sumida City will formulate collection plans and make the rounds of the city.

Disaster Victim Support

Various programs such as financial aid and housing procurement are available to support disaster victims, such as people in the following situations:

- Residents suffering from a death of a parent or child, disability due to injury or illness, damage to a residence
 - Allowances such as the disaster condolence allowance, disaster disability relief fund, and loans for disaster relief are available.
- ◆ Residents who have difficulty paying their taxes or insurance premiums
- ▶ Special measures for local taxes and exemption from national pension premiums and the like are available.
- ◆ Residents who want to make emergency repairs to their house
 - Subsidies are available for emergency repairs, depending on the category listed on the certificate of disaster victim.
- Small- to medium-business owners who need funds to recover
- Unsecured no-guarantor loan and credit guarantees are available.

There are different programs available depending on the disaster. Please be sure to check them out!



Sumida Disaster Support

Programs

Inquiries

See "5-2 List of Contacts" on page 37.



Column 6

Sumida City Disaster Recovery Support Group

The Sumida City Disaster Recovery Support Group was established as part of the city's disaster recovery efforts.

This organization consists of various professionals with national qualifications or the equivalent in law, architecture, commerce and industry, welfare and the like who have registered with the city. In addition to promoting disaster preparedness measures in normal times, the group prepares for recovery to help residents return to their normal lives quickly if a disaster does occur.



Group meeting

5

Emergency Information



Discuss and fill out in advance

5-1 Disaster Preparedness Memo

Places to evacuate to when an earthquake strikes

Temporary gathering place	
Evacuation site	
Designated shelter	
Relative or friend's house that you can evacuate to	

Emergency contacts

Name	Relationship	Address	Phone number

Create Your Own Evacuation Map!

Start with your home and think about how you will evacuate, which routes to take, and the like.

5-2 List of Contacts

Public aid for emergencies

Important Contacts

Type of inquiry	Facility (organization) name Address		Telephone number	
For inquiries to the city office	Sumida City Office	1-23-20 Azumabashi	03-5608-1111	
For fire /emergency services	Honjo Fire Station	4-6-6 Yokokawa	03-3622-0119	
	Mukojima Fire Station	6-22-3 Higashi-Mukojima	03-3619-0119	
For police	Honjo Police Station	4-8-9 Yokokawa	03-5637-0110	
	Mukojima Police Station	3-18-9 Bunka	03-3616-0110	
For water supply	Sumida Branch Office, Tokyo Bureau of Waterworks	2-2-11 Chitose	03-5638-3140	
For sewerage	Sumida Branch Office, Tobu 1st Sewerage Office, Tokyo Bureau of Sewerage	1-4-12 Yokoami	03-3622-7005	
For electricity	TEPCO Power Grid Contact center	_	0120-995-007 or 03-6375-9803 (charges apply)	
For gas	Tokyo Gas Network (for gas leaks only)	_	0570-002299 or 03-6735-8899	
For phone	NTT East	_	116 without an area code (Cellphones and non-NTT landlines) 0120-116-000	
For rivers in Sumida City (excluding Arakawa and Sumida rivers)	Urban Development Division	1-23-20 Azumabashi	03-5608-6294	

Contact Information for Post-Disaster Affairs

Type of inquiry		Facility (organization) name	Address	Telephone number
Issuance of Certificate of Disaster Victim		Registry Division Jurisdiction: Honjo, Higashi-Komagata, Azumabashi, Mukojima, Oshiage 2-chome	1-23-20 Azumabashi	03-5608-6104
		Midori Branch Jurisdiction: Ryogoku, Chitose, Midori, Tatekawa, Kikukawa, Kotobashi, Yokoami, Kamezawa, Ishiwara	3-7-3 Midori	03-3634-2656
		Yokokawa Branch Jurisdiction: Kinshi, Taihei, Yokokawa, Narihira, Oshiage 1-chome	5-10-1-111 Yokokawa	03-3624-1581
		Bunka Branch Jurisdiction: Oshiage 3-chome, Kyojima 2-chome, Kyojima 3-chome, Bunka, Tachibana, Higashi-Sumida		03-3611-4723
		Sumida 2-chome Branch Jurisdiction: Tsutsumi-Dori, Sumida 2-36-11 Sumida		03-3614-1900
		Higashi-Mukojima Branch Jurisdiction: Higashi-Mukojima, Kyojima 1-chome, Yahiro	2-38-7 Higashi-Mukojima	03-3610-5250
		Honjo Fire Station	4-6-6 Yokokawa	03-3622-0119
		Mukojima Fire Station	6-22-3 Higashi-Mukojima	03-3619-0119
Waste disposal		Sumida Sanitation Center	5-6-2 Narihira	03-5608-6922
Health consultation		Mukojima Public Health Center	5-16-2 Higashi-Mukojima	03-3611-6135
		Honjo Public Health Center 1-6-4 Higashi-Komaga		03-3622-9137
Disaster condolence allowance, disaster disability relief fund, etc.		Welfare Division	1-23-20 Azumabashi	03-5608-1163
Loans for small to medium businesses		Financial Aid Division 1-23-20 Azuma		03-5608-6183
Loan of lifestyle welfare funds		Welfare Fund Desk, Sumida City Social Welfare Council	2-17-14 Higashi-Mukojima	03-3614-3902
	National	Honjo Tax Office	1-7-2 Narihira	03-3623-5171
Tax exemption		Mukojima Tax Office	2-7-14 Higashi-Mukojima	03-3614-5231
	Metropolitan	Sumida Metropolitan Tax Office	1-7-4 Narihira	03-3625-5061
	City	Tax Division	1-23-20 Azumabashi	03-5608-6008
Consultations about National Health Insurance premiums				03-5608-6523
Consultations about Latter-Term Elderly Medical Insurance premiums		National Health Insurance and Pension Division	1-23-20 Azumabashi	03-5608-8100